

## COUNSELOR INFORMATION DISCLOSURE

Ana-Lisa Davidson  
*Practicum Student (Intern)*  
*Under the Supervision of Dr. Carol Ann Conrad*

*Washington State law requires all counselors to provide clients the following information to assist you in making informed decisions regarding participation in counseling services. RCW 18.225.100*

### Confidentiality:

The laws of the State of Washington govern your rights of confidentiality. All information shared during a counseling session will be held in strict confidence and will be disclosed to other interested parties only with your consent, with certain exceptions. **I am required by law to reveal to appropriate persons or agencies the following: a) any communication that reveals a threat of imminent harm to the client or others, including child abuse or neglect: b) any communication which gives me reasonable cause to believe that a child or adult dependent or developmentally disabled person has suffered abuse or neglect: c) information which is ordered by a court of law (Washington DOH, 2007).**

### Qualifications:

I am currently a practicum student obtaining a degree in Master of Science in Professional Counseling Program at Grand Canyon University conducting my practicum placement here at the Couples and Family Institute of Tri-Cities under the supervision of Dr. Carol Ann Conrad. I received two bachelor's degrees from Central Washington University in Law & Justice and Sociology in 2011. I am undergoing training in Emotionally Focused Couple's Therapist (EFT), also under the supervision of Dr. Carol Ann Conrad, and our sessions will be taped with both audio and video, to ensure you receive the best possible care. I am a member in good standing with the American Psychological Association (APA).

### Philosophy and Techniques:

I believe counseling provides a safe place for clients to be able to heal and grow. As Humans, we are emotionally bonding creatures, and it is crucial to recognize the emotional, physical, and spiritual dimensions of our beings. The technique I am learning is a realistic and emotional focused approach to treatment, meaning we work on the present, what is currently happening in your life, and this session. We then mold these into the greater context of your life. My philosophy of counseling is together; we keep an open and honest partnership to expand your possibility for health and growth by discovering who you are and what you would like to achieve. For me, therapy is a collaborative approach between myself and my clients as we strive to reach your goals.

Fees for services are listed on the fee Agreement. Please refer to this for further information. **Please note in initial paperwork that late cancellations (less than 48 business hours) and failure to show will result in a charge.** I realize this may mean you get charged even if you are sick and physically unable to attend. In order to maintain my overhead, I must charge for slots I cannot fill. My late fee only covers the bare minimum of the overhead.

Your signature indicates that you have read and understand the above disclosure and agree to its terms.

Client (13 and older) \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_