

## COUNSELOR INFORMATION DISCLOSURE

Rochelle Cousineau Pope, MA  
*Licensed Marriage and Family Therapist Associate*

**Washington State law requires all counselors to provide clients the following information to assist you in making informed decisions regarding participation in counseling services. RCW 18.225.100**

### **Confidentiality:**

The laws of the State of Washington govern your rights of confidentiality. All information shared during a counseling session will be held in strict confidence and will be disclosed to other interested parties only with your consent with certain exceptions. **I am required by law to reveal to appropriate persons or agencies the following: a) any communication that reveals a threat of imminent harm to the client or others, including child abuse or neglect: b) any communication which gives me reasonable cause to believe that a child or adult dependent or developmentally disabled person has suffered abuse or neglect: c) information which is ordered by court of law (Washington DOH, 2007)**

### **Qualifications:**

I received my Master's of Marriage and Family Therapy through Whitworth University's School of Marriage and Family Therapy in May 2020. My internship with the Spokane Vet Center and Whitworth Marriage and Family Therapy Clinic focused on working with couples, families and individuals struggling with histories of trauma, anxiety, depression, guilt, shame, isolation, and low self-confidence. I completed two levels of advanced training and supervision in Emotionally Focused Therapy and am pursuing full certification at this time. My clinical work is supervised by Dr. Conrad, Ed.D. and Jalane Christian-Stoker, MA, LMFT as a Washington Licensed Marriage and Family Therapy Associate to complete requirements for full licensure. In addition, I am pursuing full EFT certification. I am a member in good standing with the American Association of Marriage and Family Therapy and a volunteer/member of the Washington Association of Marriage and Family Therapy.

### **Philosophy & Techniques**

I deeply respect the counseling relationship and value each of my clients. I enjoy working with individuals, families, and couples. I utilize EFT (Emotion Focused Therapy) with my clients and integrate multiple therapies to match your needs, including CBT, Experiential, Narrative and Solution-focused therapy techniques. My work and training have focused on repairing and strengthening relationships, improving intimacy, and learning new ways to cope and heal from trauma across the lifespan. I approach counseling using compassion, empathy, and teamwork. Using evidence-based, trauma-informed, integrative approach to therapy, together, we will work to find hope and healing and move towards thriving in your life, love, and relationships.

Fees for services are listed on the Fee Agreement. Please refer to this for further information. **Please note in the initial paperwork that late cancelations (less than 48 hours) and failure to show will result in a charge.** I realize this may mean being charged if you are sick or physically unable to attend. To ensure services are provided to all clients equitably, I must charge for slots I cannot fill. My missed appointment fee only covers the base service costs for being available to you at that time.

Your signature indicates that you have read and understand the above disclosure and agree to these terms and conditions.

Client (13 and older) \_\_\_\_\_ Date: \_\_\_\_\_

Witness/Provider: \_\_\_\_\_ Date: \_\_\_\_\_

Clinical Supervisor: Carol Conrad, Ed.D Phone:509.579.0200