

COUNSELOR INFORMATION DISCLOSURE

Carol Ann Conrad, EdD
Licensed Psychologist

Washington State law requires all counselors to provide clients the following information to assist you in making informed decisions regarding participation in counseling services. RCW 18.225.100

Confidentiality:

The laws of the State of Washington govern your rights of confidentiality. All information shared during a counseling session will be held in strict confidence and will be disclosed to other interested parties only with your consent, with certain exceptions. **I am required by law to reveal to appropriate persons or agencies the following: a) any communication that reveals a threat of imminent harm to the client or others, including child abuse or neglect: b) any communication which gives me reasonable cause to believe that a child or adult dependent or developmentally disabled person has suffered abuse or neglect: c) information which is ordered by a court of law (Washington DOH, 2007).** *If you are seeing me as part of a couple, I require a release of information between partners to prevent secrets that could be damaging to the therapeutic alliance and contraindicated to the healing and progress of the relationship. You have the right to deny this request, as each client ethically and legally has the right to full confidentiality. However, I hold the right to refuse to offer treatment if a release of information is denied to your partner.*

Qualifications:

I received my doctoral degree in Counseling Psychology at Argosy University, Seattle in 2014 and am a licensed psychologist #PY60570874 in Washington State. I received my Master's degree from Capella University in Clinical Psychology in 2001 and have practiced as a mental health counselor since 1999. I am a certified Emotionally Focused Couple's Therapist (EFT) since 2008 and certified EFT supervisor since 2014. As a Washington State Approved Supervisor, I supervise all clinical activity at CFIT. I have extensive training and experience in the treatment of trauma victims dealing with abuse, Post-Traumatic Stress Disorder (PTSD), depression and anxiety. I currently only see adults age 20+. I am a member in good standing with both the American Psychological Association (APA) and the Washington State Psychological Association (WSPA).

Techniques and Philosophy:

Emotionally Focused Therapy for couples, families, and individuals is an evidence-based humanistic and experiential model created by Dr. Sue Johnson for couples, families, and individuals. I have found it most effective for relationship oriented treatment and is my primary therapeutic approach. My philosophy of psychotherapy is that we work together to discover where the disconnection is happening in your life and help you reconnect in order to create security within yourself and between you and the important people in your life.

Fees for services are listed on the fee Agreement. Please refer to this for further information. **Please note in the initial paperwork that late cancellations (less than 48 business hours) and failure to show will result in a charge.** I realize this may mean you get charged even if you are sick and physically unable to attend. In order to maintain my overhead, I must charge for slots I cannot fill. My late fee only covers the bare minimum of the overhead.

Your signature indicates that you have read and understand the above disclosure and agree to its terms.

Client (13 and older) _____ Date _____

Witness _____ Date _____