

Date: _____

Client Number: _____

Test (please circle one): Pre Post

Gender (please circle one): M F

REVISED DYADIC ADJUSTMENT SCALE (RDAS)

Most persons have disagreements in their relationships. Please indicate below the approximate extent of agreement or disagreement between you and your partner for each item on the following list.

	Always Agree	Almost Always Agree	Occasionally Agree	Frequently Disagree	Almost Always Disagree	Always Disagree
1. Religious matters	5	4	3	2	1	0
2. Demonstrations of affection	5	4	3	2	1	0
3. Making major decisions	5	4	3	2	1	0
4. Sex relations	5	4	3	2	1	0
5. Conventionality (correct or proper behavior)	5	4	3	2	1	0
6. Career decisions	5	4	3	2	1	0
	All the time	Most of the time	More often than not	Occasionally	Rarely	Never
7. How often do you discuss or have you considered divorce, separation, or terminating your relationship	0	1	2	3	4	5
8. How often do you and your partner quarrel?	0	1	2	3	4	5
9. Do you ever regret that you married (or lived together)?	0	1	2	3	4	5
10. How often do you and your mate "get on each other's nerves"?	0	1	2	3	4	5
	All the time	Most of the time	More often than not	Occasionally	Never	
11. Do you and your mate engage in outside interests together?	4	3	2	1	0	

(PLEASE TURN PAGE OVER AND COMPLETE BACK SIDE)

How often would you say the following events occur between you and your mate?

	Never	Less than once a month	Once or twice a month	Once or twice a week	Once a day	More often
12. Have a stimulating exchange of ideas	0	1	2	3	4	5
13. Work together on a project	0	1	2	3	4	5
14. Calmly discuss something	0	1	2	3	4	5

THE FOLLOWING SECTION IS FOR COUNSELOR USE ONLY:

SCORING (Please sum the following items.):

CONSENSUS:

Decision Making (#3+#6) _____

Values (#1+#5) _____

Affection (#2+#4) _____

Sub-Total _____

SATISFACTION:

Stability (#7+#9) _____

Conflict (#8+#10) _____

Sub-Total _____

COHESION:

Activities (#11+#13) _____

Discussion (#12+#14) _____

Sub-Total _____

GRAND TOTAL _____