

COUNSELOR INFORMATION DISCLOSURE

Crystal Heryford, MBA
Doctoral Practicum Student (Intern)
Under the Supervision of Dr. Carol Ann Conrad

Washington State law requires all counselors to provide clients the following information to assist you in making informed decisions regarding participation in counseling services. RCW 18.225.100

Confidentiality:

The laws of the State of Washington govern your rights of confidentiality. All information shared during a counseling session will be held in strict confidence and will be disclosed to other interested parties only with your consent, with certain exceptions. **I am required by law to reveal to appropriate persons or agencies the following: a) any communication that reveals a threat of imminent harm to the client or others, including child abuse or neglect: b) any communication which gives me reasonable cause to believe that a child or adult dependent or developmentally disabled person has suffered abuse or neglect: c) information which is ordered by a court of law (Washington DOH, 2007).**

Qualifications:

I am currently a doctoral student in Clinical Psychology at California Southern University conducting my practicum placement here at the Couples and Family Institute Tri-Cities under the supervision of Dr. Carol Ann Conrad. I received my first Master's degree from American Military University in Military Intelligence Studies in 2011, my second Master's degree from American Public University in Business Administration in 2013 and began my doctoral studies in 2016. I am undergoing training in Emotionally Focused Couple's Therapist (EFT), also under the supervision of Dr. Carol Conrad, and our sessions will be taped with both audio and video, to ensure you receive the best possible care. I currently only see adults age 20+. I am a member in good standing with both the American Psychological Association (APA) and the Washington State Psychological Association (WSPA).

Philosophy and Techniques:

I believe that as individuals, it is important to recognize the emotional, physical, and spiritual dimensions of our beings. Biological factors, genetic makeup, environmental influences, developmental stages, and individual choices contribute to our present situation and thus must all be considered in treatment planning. The technique I am learning is a research backed, more experiential and emotionally focused approach to treatment, meaning we work on the here and now, what is happening in your life and in this session and then weave these into the greater context of your life. My philosophy of counseling is that together we form a partnership to expand your possibilities for healing and growth by discovering who you are and what you want to achieve. My goal is for us to work together as a team to help meet your desired outcome.

Fees for services are listed on the fee Agreement. Please refer to this for further information. **Please note in the initial paperwork that late cancellations (less than 48 business hours) and failure to show will result in a charge.** I realize this may mean you get charged even if you are sick and physically unable to attend. In order to maintain my overhead, I must charge for slots I can not fill. My late fee only covers the bare minimum of the overhead.

Your signature indicates that you have read and understand the above disclosure and agree to its terms.

Client (13 and older) _____ Date _____

Witness _____ Date _____